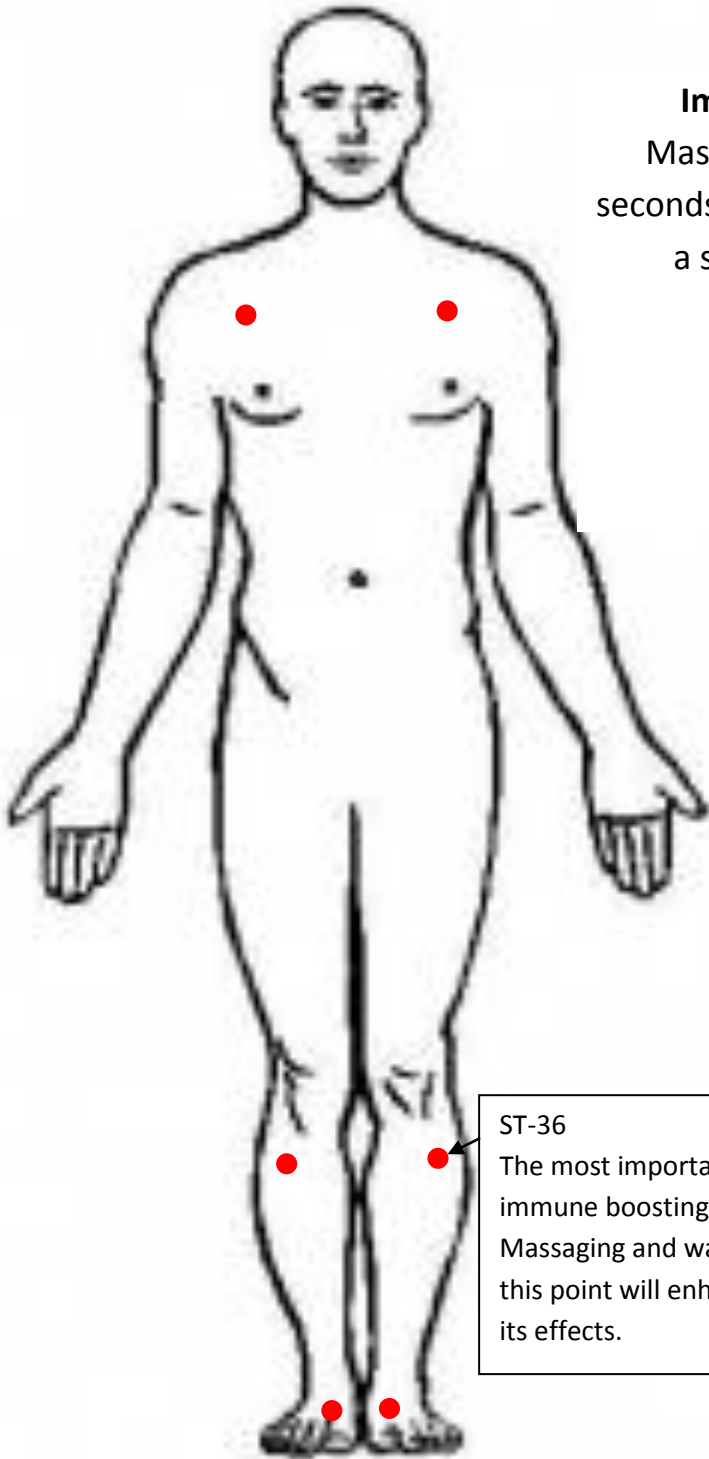


Immune Boosting Points

Massage each point for 30-60 seconds with firm finger pressure or a smooth rounded object.



ST-36

The most important immune boosting point. Massaging and warming this point will enhance its effects.

